

October 2024 | Creston Head Start Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		1 Breakfast Bread	2 Cereal	3 Blueberry Muffin	4 No School for Students
Lunch		Mozzarella Breadsticks	Bean and Cheese Burrito	Cheese Pizza	
Snack		Fruit and Crackers	Yogurt and Granola	Cheese and Vegetables	
Breakfast	7 Cinnamon Chex Cereal	8 Breakfast Bread	9 Bagel Sticks with Cream Cheese	10 Cereal	11 No School Statewide Inservice
Lunch	Teriyaki Chicken with Brown Rice	Chicken Tenders	Philly Cheesesteak Sandwich	Cheese Pizza	
Snack	Yogurt and Granola	Fruit Cup and Crackers	Fruit and Crackers	Fruit Cup and Tortilla Chips	
Breakfast	14 Banana Bread	15 Cereal	16 Breakfast Bread	17 Honey Cheerios Cereal	18 No School for Students
Lunch	Pasta with Marinara and Mozzarella	Chicken Tenders	Bean and Cheese Nachos	Cheese Pizza	
Snack	Fruit and Chex Mix	Fruit Cup and Crackers	Yogurt and Granola	Cheese and Vegetables	
Breakfast	21 Cinnamon Chex Cereal	22 Breakfast Bread	23 Early Release Cereal	24 Bagel Sticks with Cream Cheese	25 Cinnamon Crumble Bread
Lunch	Orange Chicken with Brown Rice	Mozzarella Breadsticks	Turkey Ham Sandwich	Cheese Pizza	Chicken Fillet Sandwich
Snack	Yogurt and Granola	Fruit Cup and Crackers	Fruit and Crackers	Fruit Cup and Tortilla Chips	Vegetables and Chex Mix
Breakfast	28 Cinnamon Chex Cereal	29 Breakfast Bread	30 Cereal	31 Breakfast Bread	
Lunch	Turkey Hot Dog	Chicken Tenders	Bean and Cheese Burrito	Cheese Pizza	
Snack	Fruit and Chex Mix	Fruit Cup and Crackers	Yogurt and Granola	Cheese and Vegetables	

Vegetarian option, may contain cheese &/or egg | Grains are whole grain-rich unless noted with

Unflavored 1% milk is offered daily with breakfast and lunch. Fruit is offered with breakfast, fruit and vegetables are offered with lunch.

Menu is subject to change. This institution is an equal opportunity provider.