November 2023 ES/MS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Three Bean Chili		

Vege a ian o ion, ma con ain chee e &/o egg | Po k
L nch incl de one en e, milk and unlimited fruits and vegetables. S den MUST choo e a lea ½ cup of fruit or vegetable.
Menu is subject to change. Thi in i ion i an e al o o ni o ide.